

G Adventures: Sri Lanka Land & Sea

Day 1: Negombo

Arrive at any time.

There are no planned activities until an evening welcome meeting.

Day 2: Negombo/Kandy

Drive to Kandy, visiting a spice plantation en route. Enjoy lunch at G Adventures-supported Sthree Craft Shop and Café. Later, explore Temple of the Tooth.

Day 3: Kandy

Explore Kandy with a free day.

Day 4: Kandy to Ella area

Travel by private vehicle to the historic town of Nuwara Eliya and enjoy some free time. Continue the journey to the rolling green valleys of the Ella area and spend 2 nights at the G Adventures-supported AMBA estate, an organic farm and guest house.

Livelihood opportunities in the valley of Bandarawela, Sri Lanka are limited for low income community members. Many rely on agricultural work, especially in the tea plantations, which can be arduous with little financial gain. Amba Estate came to the area with the purpose of promoting economic growth through their organic tea plantation, paying fair wages, sharing their profits with their workers, and creating opportunities for growth. Having established its place in the travel market, Amba is now ready to support community cooperatives as a means of better spreading the income of tourism throughout the valley. Planeterra is working alongside Amba Estate by supporting the initial investment for the first community-led microenterprise that will work in partnership with Amba. Planeterra's catalyst grant covers the equipment, training and setup costs for a group of six women to formally become a chutney co-operative. The chutney will be sold back to Amba Estate for travellers to consume, as well as sold to guests and in markets throughout Sri Lanka. G Adventures travellers began visiting Amba in July 2018. They now have the opportunity to eat the delicious chutneys, meet the women and see how it's made!

Day 5: Ella area

In the morning, enjoy a tour through the tea plantation and learn about one of the nation's most popular exports followed by a tea tasting. After enjoy free time to soak in the stunning scenery, opt to hike to Ella Rock, or visit Ella town by tuk tuk. This evening, enjoy a cooking demonstration of classic homestyle Sri Lankan dishes, a delicious mixture of savoury and sweet.

Day 6: Ella/Udawalawe National Park

Depart Amba Estate in the morning after enjoying a delicious home cooked breakfast. Begin the journey to Udawalawe National Park and visit the Elephant Transit home before enjoying an afternoon wildlife safari through Udawalawe National Park. Afterwards, head to a tented camp by the lake on the boundary of National Park and relax with a BBQ dinner around the campfire.

Day 7: Udawalawe National Park/Unawatuna

After breakfast transfer from Udawalawe to Galle for a tour of the fort and city. Later, head to Unawatuna, on the south coast, for a final night with the group.

Day 8: Unawatuna/Mirissa

Spend a relaxing morning in Unawatuna, before transferring across to Mirissa, where you will meet your captain and crew.

Day 9: Weligama Bay/Kudawella

Cruise along the southern coast to Kudawella, enjoying the scenery and visiting isolated beaches to swim, stand up paddle board (SUP), or kayak. Keep your eyes peeled for dolphins and whales along the way.

Day 10: Kudawella/Kalametiya

Continue up the coast to Kalametiya and explore the lagoon. In the afternoon, opt to visit the Kalametiya village and sanctuary, or soak up the sun on the beach.

Day 11: Kalametiya/Talalla Beach

Visit the small surf beach of Hirikatiya for a surf or swim, then continue on Sri Lanka's southern coast to Talalla Beach. Keep a lookout for marine life along the way.

Day 12: Talalla Beach/Galle

Watch for whales and dolphins on the way to Rumassala, then spend the afternoon relaxing on Jungle Beach or hike up to the Japanese Peace Pagoda with sweeping views over the Galle Bay.

Day 13: Galle/Weligama Bay

Spend the morning exploring Galle and the Dutch Fort, then sail back to Weligama Bay. Enjoy a barbecue on the beach with your group.

Day 14: Mirissa

Sail back to the Mirissa Harbour and disembark. Tour ends on arrival. Opt for a transfer to Colombo Airport.